





CORDEAUX LODGE JANUARY CALENDAR 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31st					1st	2nd
Individual Care – All day 9.10am Move to Music 9.30am Room Visits/1: 1 10:00am Morning Headlines 10.30am Anglican Service on T.V- Chapel 11:00am Gardening 1.45pm Sing a long 3:00pm Board Games					<p style="text-align: center; color: red; font-weight: bold;">NEW YEAR'S DAY</p> Individual Care – All day 9.00am Room Visits/1:1 9:30am Exercise Class with Physio Sue 9.30am Move to Music 10:00am Morning News 11.00am Bingo –limited seats 2:30pm Movie – Flipped	Individual Care – All Day 9.10am Move to Music 9.30am Room Visits/1:1 10:00am Morning Headlines 10.30am Residents Monthly Birthdays 11:00am Trivia/ Word Games 1:45pm Bingo- Limited seats 3:00pm Board Games
3rd	4th	5th	6th	7th	8th	9th
Individual Care – All day 9.10am Move to Music 9.30am Room Visits/1: 1 10:00am Morning Headlines 10.30am Anglican Service on T.V- Chapel 11:00am Gardening 1.45pm Sing a long 3:00pm Board Games	Individual Care – All Day 9.00am Room Visits/1:1 9:30am Exercise Class with Physio Sue 9.30am Movement to Music 10:00am Morning Headlines 10.30am High Tea – Banksia Lounge 1:45pm Bingo - limited seats 3:00pm Board Games	Individual Care – All day 9.00am Room Visits/1:1 9.30am Move to Music 10:00am Circuit Group with Physio Sue 10:00am Morning News 11:00am –Craft – 1:45pm Bingo 3:00pm Board Games	<p style="color: green; font-weight: bold;">HAIRDRESSER KIM</p> Individual Care – All Day 9.00am Room Visits/1:1 9:30am Balance Class with Physio Sue 9.30am Move to Music 10:00am Morning News 11:00am Manicure Moments 1:45pm Bingo - limited seats 3:00pm Board Games	Individual Care – All day 9.00am Room Visits/1:1 9.30am Move to Music 10:00am Circuit Group with Physio Sue 10:00am Morning News 11:00am Carpet Bowls- limited seats 2:00pm Men's Group 3:00pm Board Games <p style="color: red; font-weight: bold;">Orthodox Christmas Day</p>	Individual Care – All day 9.00am Room Visits/1:1 9:30am Exercise Class with Physio Sue 9.30am Move to Music 10:00am Morning News 11.00am Bingo –limited seats 2:30pm Movie – Joyful Noise 3:00pm Ice Cream Trolley 3:00pm Board Games	Individual Care – All day 9.10am Move to Music 9.30am Room Visits/1: 1 10:00am Morning Headlines 11:00am Trivia/ Word Games 1.45pm Bingo- Limited seats 3:00pm Board Games
10th	11th	12th	13th	14th	15th	16th
Individual Care – All day 9.10am Move to Music 9.30am Room Visits/1: 1 10:00am Morning Headlines 10.30am Catholic Mass on T.V- Chapel 11:00am Trivia/ Word Games 1.45pm Cooking- Jam Drops 3:00pm Board Games	Individual Care – All Day 9.00am Room Visits/1:1 9.30 Exercise Class with Physio Sue 9.30am Movement to Music 10:00am Morning Headlines 10.30am Italian M/Tea – Banksia Lounge 1.45pm Bingo - limited seats 3:00pm Board Games	Individual Care – All day 9.00am Room Visits/1:1 9.30am Move to Music 10:00am Circuit Group with Physio Sue 10:00am Morning News 11:00am Painting with Adele 1:45pm Bingo 3:00pm Board Games	<p style="color: green; font-weight: bold;">HAIRDRESSER KIM</p> Individual Care – All Day 9.00am Room Visits/1:1 9:30am Balance Class with Physio Sue 9.30am Move to Music 10:00am Morning News 11:00am Manicure Moments 1:45pm Bingo - limited seats 3:00pm Board Games	Individual Care – All day 9.00am Room Visits/1:1 9.30am Move to Music 10:00am Circuit Group with Physio Sue 10:00am Morning News 11:00am Carpet Bowls- limited seats 2:00pm Men's Group 3:00pm Board Games	<p style="color: red; font-weight: bold;">MOBILE LIBRARY</p> Individual Care – All day 9.00am Room Visits/1:1 9:30am Exercise Class with Physio Sue 9.30am Move to Music 10:00am Morning News 11.00am Bingo –limited seats 2:30pm Movie – Grease 3:00pm Ice Cream Trolley 3:00pm Board Games	Individual Care – All day 9.10am Move to Music 9.30am Room Visits/1: 1 10:00am Morning Headlines 11:00am Sing a long 1.45pm Bingo- Limited seats 3:00pm Board Games

17 th	18 th	19 th	20 th	21 st	22 nd	23 rd
<p>Individual Care – All day 9.10am Move to Music 9.30am Room Visits/1: 1 10:00am Morning Headlines 10.30am Anglican Service on T.V- Chapel 11:00am Gardening 1.45pm Sing a long 3:00pm Board Games</p>	<p>Individual Care – All Day 9.00am Room Visits/1:1 9:30am Exercise Class with Physio Sue 9.30am Movement to Music 10:00am Morning News 10.30am High Tea – Banksia Lounge 1:45pm Bingo - limited seats 3:00pm Board Games</p>	<p>INTERNATIONAL FLOWER DAY Individual Care – All day 9.00am Room Visits/1:1 9.30am Move to Music 10:00am Circuit Group with Physio Sue 10:00am Morning News 11:00am Painting with Adele 1:45pm Bingo - limited seating 3:00pm Board Games</p>	<p>HAIRDRESSER KIM Individual Care – All Day 9.00am Room Visits/1:1 9:30am Balance Class with Physio Sue 9.30am Move to Music 10:00am Morning News 11:00am Manicure Moments 11:00am Sing a long 1:45pm Bingo - limited seats 3:00pm Board Games</p>	<p>Individual Care – All day 9.00am Room Visits/1:1 9.30am Move to Music 10:00am Circuit Group with Physio Sue 10:00am Morning News 11:00am Carpet Bowls- limited seats 3:00pm In House Movie 3:00pm Board Games</p>	<p>Individual Care – All day 9.00am Room Visits/1:1 9:30am Exercise Class with Physio Sue 9.30am Move to Music 10:00am Morning News 11.00am Bingo –limited seats 2:30pm Movie – Wonder 3:00pm Ice Cream Trolley 3:00pm Board Games</p>	<p>Individual Care – All day 9.10am Move to Music 9.30am Room Visits/1:1 10:00am Morning Headlines 11:00am Trivia/ Word Games 1.45pm Bingo- Limited seats 3:00pm Board Games</p>
24 th	25 th	26 th AUSTRALIA DAY	27 th	28 th	29 th	30 th
<p>Individual Care – All day 9.10am Move to Music 9.30am Room Visits/1: 1 10:00am Morning Headlines 10.30am Catholic Mass on T.V- Chapel 11:00am Trivia/ Word Games 1.45pm Cooking- Pikelets 3:00pm Board Games</p>	<p>Individual Care – All Day 9.00am Room Visits/1:1 9.30 Exercise Class with Physio Sue 9.30am Move to Music 10:00am Morning News 11:00am Hymn Singing in Chapel 1.45pm Bingo - limited seats 3:00pm Board Games</p>	<p>Individual Care – All day 9.00am Room Visits/1:1 9.30am Move to Music 10:00am Circuit Group with Physio Sue 10:00am Morning News 11:00am Sip & Paint with Adele 2.30pm ARMCHAIR TRAVEL TO AUSTRALIA</p>	<p>HAIRDRESSER KIM Individual Care – All Day 9.00am Room Visits/1:1 9:30am Balance Class with Physio Sue 9.30am Move to Music 10:00am Morning News 11:00am Manicure Moments 1:45pm Bingo - limited seats 3:00pm Board Games</p>	<p>Individual Care – All day 9.00am Room Visits/1:1 9.30am Move to Music 10:00am Circuit Group with Physio Sue 10:00am Morning News 11:00am Carpet Bowls- limited seats</p>	<p>Individual Care – All day 9.00am Room Visits/1:1 9:30am Exercise Class with Physio Sue 9.30am Move to Music 10:00am Morning News 11.00am Bingo –limited seats 2:30pm Movie – Elizabeth The Golden Age 3:00pm Ice Cream Trolley 3:00pm Board Games</p>	<p>Individual Care – All day 9.10am Move to Music 9.30am Room Visits/1: 1 10:00am Morning Headlines 11:00am Sing a long 1.45pm Bingo- Limited seats 3:00pm Board Games</p>